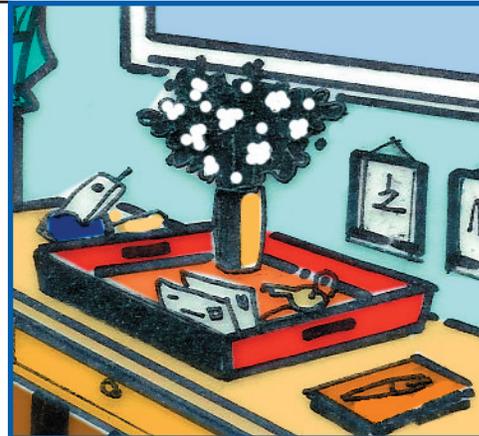


Professional Organizing Strategies For Life

L&G Designs, LLC offers a wide range of professional organizing services to help clients gain control over clutter. Through organizational success our clients can increase their productivity and happiness and become the directors of their lives.

With our wide range of organizing knowledge, let us help you plan a strategy to attack the clutter and move forward with a customized organizing plan to meet your individual needs. We have extensive experience with clients with mental health challenges such as anxiety, depression, ADD, and other focus conditions.



An organized space can create a domino effect to improve other areas of your life.

Benefits

Our physical space can influence how we think and feel. Our environment impacts us psychologically, and it has been proven that an organized space contributes to feelings of contentment and improved clarity.

An organized space creates a positive attitude which allows for increased productivity, less wasted time and improved physical energy.

Getting organized will reduce negative stress and prevent or minimize health problems.

An organized space contributes to increased satisfaction with yourself and your life.

Disorganization can be costly – missed bills, late fees, buying duplicates, eating out because there isn't time to cook. Getting organized will save you money!

Organizing services

All organizing jobs start with a needs assessment discussion to address the scope of the job. We then develop goals for the project and formulate a client/organizer action plan. Professional organizing services help clients gain control of their physical space and belongings by learning a streamlined process to getting and staying organized. Each situation is as unique as the individual client but the organization process is almost always the same: assistance with sorting, purging, assigning homes to every item, developing suitable storage, and devising a maintenance plan of action.

A professionally organized home...



1. will make you feel better.
2. will put you in control, not your clutter.
3. has enormous psychological value.
4. provides more time and isn't that what we all want?

Experience the life changing feeling of being organized with the services of a professional organizer.

Contact Karen Gardiner to discuss your organizing plans and desired outcomes. 703 772-0127
Karen@lgdesignandorganize.com • www.lgdesignandorganize.com

Member of the National Association of Professional Organizers (NAPO) and the local chapter, DC-NAPO.